

DIABETES UK VCS OFFER

There are currently 91,000 people in South Yorkshire living with diabetes with many more diagnosed as pre-diabetic. Diabetes UK is working across South Yorkshire to support people living with diabetes and at-risk communities. We offer a range of training and resources to enable VCS organisations to raise awareness and support their communities in the fight against diabetes.

Understanding Diabetes – This is offered as an online 90 minute self-guided module, or via a Zoom or in person 2 hour training session. It will allow your staff and volunteers to recognise the signs and symptoms of diabetes, understand what it is like to live with the condition, understand the risk factors associated with type 2 diabetes and know how to access resources and sign-post people for more support.

Community Champions Train the Trainer – this training is delivered over one full or two half days. It will give your staff the knowledge and understanding to recruit and train Diabetes Community Champions. These are volunteers with connections into their communities who will be able to support individuals to live well with type 2 diabetes and support those at risk.

Diabetes awareness talks – we can provide volunteers to deliver diabetes awareness talks to local groups. This might be a carers group, local employer or faith organisation.

For more information and details on how to access our online training, please contact Hannah.Morrow@diabetes.org.uk.

Visit [Diabetes Is Serious | Get involved | Diabetes UK](#) to read our Diabetes is Serious report.

Visit [Free diabetes information for you - Diabetes UK Shop](#) for free leaflets and posters.

Visit [Diabetes information in different languages | Diabetes UK](#) for information in alternative formats and languages.

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.