



**ROTHERHAM UNITED  
COMMUNITY TRUST**

# MENTAL WELLBEING

**@ NEW YORK STADIUM**

## COFFEE MORNING

**Tuesdays 11am - 1pm**

**FREE**

## WALKING GROUP

**Thursdays 11:45am - 2pm**

**FREE**

## TABLE TENNIS

**Thursdays 2pm - 4pm**

**£3**

For more info contact 01709 827767 or email [health@rotherhamunited.net](mailto:health@rotherhamunited.net)



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