



**ROTHERHAM UNITED
COMMUNITY TRUST**

MENTAL HEALTH FOOTBALL

FREE

Inclusive football sessions to improve mental wellbeing

@ PARKGATE ASTRO

WALKING FOOTBALL

Mondays 1pm - 2pm

INCLUSION FOOTBALL

Wednesdays 2pm - 3pm

For more info contact 01709 827767 or email health@rotherhamunited.net



www.ruct.co.uk



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BR@ADSWORD
supporting education in sport

