

Rotherham Social Prescribing Service (SPS): October 2015

- Working with 35 GP Practices
- Over 3600 patient referrals
- Over 7300 'referrals out' to services
- Independent evaluation: CRESR, Sheffield Hallam University
- For the under 80 year olds:
 - 19% reduction in 'Finished Consultant Episodes'
 - 20% reduction in 'Inpatient spells'
 - 23% reduction in A&E Attendance
- Wellbeing improvements include:
 - Money and where people live
 - Feeling positive & Lifestyle
 - Managing symptoms
 - Family & Friends
 - Volunteering, work & social conditions
- 83% patients reporting improvement in at least one of outcome area
- For patients continuing to access VCS services:
 - 53% reduction in 'Finished Consultant Episodes'
 - 51% reduction in 'Inpatient spells'
 - 43% reduction of 'Bed Days'
 - 35% reduction in A&E Attendance
- Person centred:
 - Reducing dependence -Increasing independence
 - Improved quality of life
 - Increased patient choice and control
 - Positive impacts on wider family and community
- Seen as national model of good practice
- Patients have said, for e.g.
 - *"I have slept 7 hours for the first time in 15 years"*
 - *"Thank you so much, you have made me believe in myself again"*
 - *"What you have done for me is change my life for the better; I have found the old me again. I feel like a kid at Christmas again"*